

Amy Shostak Curriculum Vitae

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PERFORMANCE (Theatrical improvisation)

Performance through improvised characterization and storytelling in short and longforms.

2016-2018: *Theatresports, Weekly Shows*
Vancouver Theatresports, Vancouver, Performer

2002-2016: *Theatresports, Maestro, CHiMPROV*
Rapid Fire Theatre, Edmonton, Performer

September 2017-Present: *BRIO*
Self-directed project. Vancouver. Director & Performer

March 2018: *Sweden International Improv Festival (SWIMP)*
Uppsala, Sweden. Performer with Rå Power & instructor.

June 2017: *Combustion*
Toronto. Performer with Rå Power, ensemble member & instructor.

January 2016: *We're Not Afraid!*
Rapid Fire Theatre, Edmonton. An improvised homage to Edward Albee's *Who's Afraid of Virginia Woolf?*

May 2016: *Improvention*
Canberra, Australia. Ensemble member, director & instructor

October 2012, 2013, 2016: *Wurzburg International Impro Festival*
Wurzburg, Germany. Die Kaktussen. Ensemble member, director & instructor

October 2009, 2010, 2011, 2015, 2016: *Vancouver International Improv Festival*
Vancouver. Instant Theatre. VIIF Ensemble member

October 2014: *Monkeyfest*
Bogota. Picnic Impro. Ensemble member & instructor.

INSTRUCTION (Selected)

Interactive workshops in theatrical improvisation and improv theory.

Blind Tiger Comedy (Vancouver): Public Workshop Instructor. June 2016-present.

Rapid Fire Theatre (Edmonton): Public Workshop Instructor (beginner-advanced), and instructor for students of all ages. 2006 – 2016.

Citadel/Banff Centre Professional Theatre Program (Edmonton): Working with the cast of a professional production to work on connection and cohesion through improv. February 2013, 2015.

Oxford School of Drama (Woodstock, UK): Intro to improv workshop for students in the Foundations Program. October 2013.

Vancouver International Improv Festival: Directing the international ensemble (18 of the world's best improvisors) in two new formats. September 2013.

FEST (Festival of Edmonton Seniors Theatre): Workshops for senior citizens focusing on spontaneity and creativity. March 2010, June 2012

PERFORMER-CREATED WORK (Selected)

Work written and performed by its collaborators.

2014-Present: *Gossamer Obsessions*

Performer, director and co-writer (with Paul Blinov)

Producer: Rapid Fire Theatre

Summer 2018: Edmonton & Vancouver International Fringe Festivals

March 2018: Toronto Sketch Comedy Festival

March 2017: Toronto Sketch Comedy Festival

Summer 2016: Winnipeg & Edmonton International Fringe Festivals

March 2016: Toronto Sketch Comedy Festival

February 2016: Just for Laughs Northwest

September 2015: Seattle Sketch Comedy Festival

January 2014, 2015, 2016: Vancouver Sketch Comedy Festival August 2014:

Edmonton International Fringe Festival

2007-2010: *A Watched Pot Never Boiles,*

Performer, director, and co-writer (with Arlen Konopaki) Producer: Rapid Fire Theatre

October 2010: Sandbox Series at The Globe, Regina

August 2009: Edmonton International Fringe Festival, Edmonton June 2007:

Nextfest, Edmonton.

PERFORMANCE (Theatrical, scripted)

May 2014, May 2015: Dogberry in *Much Ado About Nothing* (Thou Art Here)

September 2009: *Thrubwell's Pies* by Belinda Cornish (Teatro la Quinicina)

PERFORMANCE (Television – selected)

Rebecca in *Tiny Plastic Men*

Mosaic Entertainment, television series for Shaw TV, 2012-present (4 seasons)

PERFORMANCE (Radio)

CBC'S The Irrelevant Show

Guest Performer, 2014-2018

CBC's This is That

Contributor to "Medicine Hat School of Medicine", "Hospital Foodie", &

“Parental
Sex Ed”: aired November 2013

VOICE ACTING

Felt Up

Voice acting for Bite TV series, November 2012

Mass Effect 3

Voice acting for Bioware video game, April 2011

LECTURES

-Nerd Nite (Vancouver): Keynote on “Improv & The Pursuit of Controlled Chaos”

-Ted X Edmonton (Edmonton): Ted Talk on the topic of improv and education, October 2012.

-Ted X Edmonton (Edmonton): Ted Talk on the topic of open source culture, creativity, and the artist’s ego, February 2012.

-Emily Carr School of Art & Design (Vancouver): Lecture and workshop on the topic of Collaboration in Art, October 2010.

ADMINISTRATIVE EXPERIENCE

Artistic Director

Directing the ensemble and reporting to the board of directors. Programming Improvaganza Comedy Festival, coordinating national fringes, player development, casting, public workshops, community involvement, weekly performances.

Rapid Fire Theatre. January 2010-September 2015.

Quad Squad Director

Conceiving roles and casting roving performers for the University Alberta’s Winterfest; celebrating 100 years of the Alumni Association.

Green and Glow Winterfest, January 2015

VOLUNTEERISM (Selected)

Committee Member

Teachers Advisory Committee, Arts Club Theatre. 2017-present

Board Member

Monster Theatre, Vancouver. 2017-present

Activation Board Member

Make Something Edmonton 2013- 2015

Co-chair

Mayor’s Task Force on Image and Reputation

Make Something Edmonton Initiative

2012-2013

Alumni Student Council Committee Member

University of Alberta Alumni Council 2014

EDUCATION

Simon Fraser University Certificate in Dialogue & Civic Engagement
(complete in Spring 2019)

University of Alberta B.A. in Drama/Art & Design Graduated with distinction in
May 2007

AWARDS & HONOURS

Excellence in Artistic Direction, Mayor's Celebration of the Arts, 2015

The Horizon Award, *University of Alberta Alumni Awards*, 2014

The Wanderer Online, *Top 100 Women in Business*, 2013

Canadian Comedy Award, *Best Comedy Short*, 2013

Alberta Venture Magazine *Alberta's Rising Stars List*, 2013

Avenue Magazine *Top 40 Under 40 Award*, November 2012